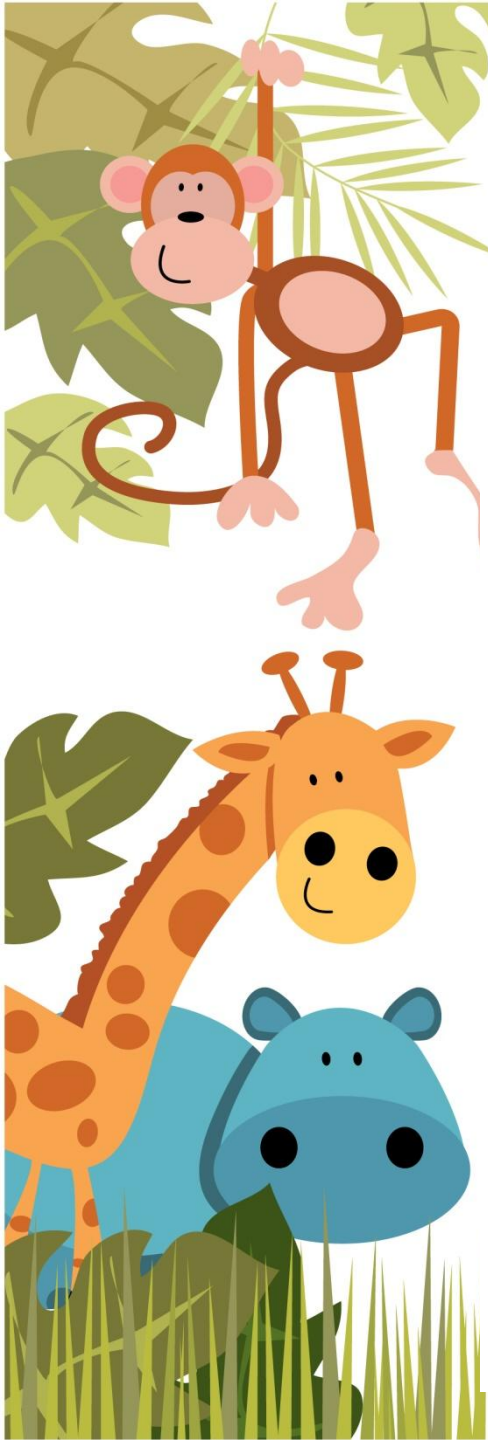

Directions:

Color in the squares and triangles after brushing and flossing!

Remember, brush in the morning! Brush and floss at night!

Kids Smile
PEDIATRIC DENTISTRY

www.KidsSmileDentist.com
(562)924-5437

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss
Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss
Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss
Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss
Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss	Brush ☐ ☐ △ Floss